Marissa Verma from Bindi Bindi Dreaming @bindi_bindi_dreaming www.bindibindidreaming.com.au Famous Sharron 'Very famous for nothing at all' @famoussharron www.famoussharron.com

LIVELIGHTER SOUTH WEST MULTICULTURAL FESTIVAL 2023







ASTEOF WA - RECIPES

Kangaroo Curry

INGREDIENTS

Kangaroo 2kg Onion (3) Potatoes (5) Oil (Table spo

Rice 5 cups

Oil (Table spoon) Curry Powder* Bush Spices* Stock of choice 1L

*Start with a tablespoon and then add to taste

PREP & COOK 60 minutes

SERVES

10 people



STEPS

- Slice the onions (3)
- Add the oil to the pan on medium heat, and sauté the onion in the curry powder (1TBSP) and bush spices (1TBSP)
- Chop the kangaroo (2kg) and potatoes (5) into cubes
- Add the cubed kangaroo into the pan and brown it
- potatoes, leave to simmer with the pan covered for 35 - 60 minutes until the kangaroo is cooked through and the potato is soft

· Add stock (1L) and

- While waiting, cook rice (5 cups) according to packet instructions and serve
- When the kangaroo curry is cooked, add stock, bush spices and curry powder to suit your taste
- TIP To make the kangaroo extra tasty premarinate it in the sauté spices and oil

Find Marissa cooking at Sammy's cafe S.W.A.A.

Sammy Wyborn Aboriginal Art www.sammywybornaboriginalart.net

Lemon Myrtle · Meatballs

INGREDIENTS

Chicken mince 1kg Eggs (1) Breadcrumbs 2 cups Lemon Myrtle Native Thyme Onion (1) Lemon Infused Oil

PREP & COOK

30 minutes

SERVES

4 people

SCAN TO WATCH



STEPS

Put chicken mince (1kg) in a large bowl

- Chop onion (1) into small pieces
- Add one egg, lemon myrtle (1 TBSP), native thyme (1 TBSP) and mix together with - use your hands as you'll use them for making the meatballs
- Add a the lemon infused oil (1TBSP) to the mix and mix it in
- Roll the mixture into golf ball sized amounts - you can flatten them if you prefer nugget shaped meatballs
- Put the breadcrumbs in a bowl and coat the meatballs and set aside
- Heat lemon oil (1TBSP) in a pan and cook the meatballs until they are browned and cooked through - approx 15 mins
- Serve with your favourite bush sauces and sprinkle with the herbs

Scan the QR code circles below to watch videos of each recipe



INGREDIENTS

Eggs (2)
Milk 2/3 cup
Butter 125g - cubed
Lemon Myrtle
Cream cheese 250 grams
Caster sugar 1 cup
Vanilla Essence 1 teaspoon
Lime or lemon (1)

Plain flour 2 cups

PREP & COOK

SERVES

4 people



CAKE **STEPS**• Turn on the oven to 180

- degrees

 Put the plain flour (2 cups)
- in a mixing bowl
- Add the eggs and mix
- Add the milk while stirring the mixture
- In a separate bowl cream the butter, vanilla essence and sugar together, then add to the main bowl of mixture
- Once mixed add to a cake pan that has baking paper or is lightly greased, put in the oven for 30-40 minutes

CREAM CHEESE ICING • Blend the cream cheese (250 g) to aerate

creamier

- Add the icing sugar (1 cup) and blend again, and a dash of milk if you want it
- Grate skin of the lemon or lime to get the zest
- Spread the icing on the cooked cake and sprinkle with zest